



WYOMING

MDLIVE[®]

more merry, less worry.
urgent care and therapy sessions fast.



MDLIVE makes it easy to get the care you need this winter. At the first sign of a cold or flu, talk to an MDLIVE doctor in 15 minutes or less. Even on nights, weekends, and holidays. And if the season has you feeling the winter blues or stressed, MDLIVE Mental Health can help you get back to feeling your best.

MDLIVE Urgent Care. on-demand 24/7 care for illness and injuries.

Board-certified doctors are available by phone or video to fit into your busy plans this season.

 **faster**

No more long wait times.

 **affordable**

Less than a trip to an urgent care clinic or ER.

 **private and safe**

Avoid waiting in rooms filled with sick people with care in your own home.

MDLive Mental Health. therapy from the privacy of home.

Care for conditions like anxiety, depression, life changes, stress, and seasonal affective disorder.

 **convenient**

Have your first appointment in a week or less, at a time that's best for you.

 **the right fit**

Choose the same mental health professional for each appointment, or switch at any time.

 **effective**

Over 75% of patients reported feeling better after just three visits with an MDLIVE therapist.¹



Meet Sophie, your personal assistant.
Text BCBSWY to 635483 to create an account.

Create your account today.
[mdlive.com/bcbswy](https://www.mdlive.com/bcbswy) | 888.990.9378

¹Percentage of assessed patients that showed clinical improvement in PHQ-9 or GAD-7 scores after three or more virtual therapy sessions with their MDLIVE provider in 2020.

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